

Patrick Moore, MD, FACS

Skin Biopsy Post-Operative Instructions

PAIN MEDICATION

1. You will be given a prescription for pain medication as needed. Drink a lot of water to help prevent constipation. You may take laxatives and/or stool softeners as needed.
2. When the pain decreases, you can change to something like Extra Strength Tylenol for pain relief.
3. If you experience nausea and/or vomiting: maintain your diet on clear liquids and call the office if the nausea and vomiting become persistent.

DRIVING

1. Do NOT drive on the day of surgery. You will need someone to drive you to your procedure and back home.
2. Do NOT drive while taking the prescription pain medication.

DRESSINGS

1. You may shower over the incisions. Pat dry.

ACTIVITY

- Light activities until instructed. NO lifting greater than 10 lbs.

DIET

- Eat what you can tolerate.

PAGE THE DOCTOR , IF YOU EXPERIENCE:

1. Unusual color and/or discharge from the biopsy site.
2. A fever over 101 degrees and chills.
3. A dramatic increase in your pain.
4. Persistent nausea and vomiting.

Call us to schedule a follow-up appointment within 2 weeks following your discharge.
Please call Dr. Moore's pager number if you have ANY serious concerns or questions after surgery