



WEST COAST SURGICAL SPECIALISTS

Bowel Prep Instructions

1. **Clear Liquid Diet** 24 hours prior to surgery.
(Follow the Diet Sheet enclosed.)
2. Drink ***Golytely*** over 4 hours starting at **noon**.
Drink plenty of fluids with the *Golytely*.
(The bowel prep works better with more clear liquids.)
3. Take **Neomycin 1 Gm** at 1:00 PM, 2:00 PM, and 10:00PM, the day before the surgery.
4. Take **Flagyl 500 mg** at 1:00 PM, 2:00 PM and 10:00 PM, the day before the surgery.
5. **Nothing** to eat or drink after **Midnight**, the night before surgery.